



ABOUT

Monthly online support group for parents to share and learn effective strategies that help your struggling children and/or teens navigate the challenges of mental health, ADHD, oppositional behaviors, lack of motivation, trauma, addiction, perfectionism, change, blended families, divorce, bullying, self esteem and more.

ONLINE GROUP MEETS FIRST THURSDAY OF EVERY MONTH

Time: 7:30 to 8:30 pm

\$50 per group

Scan or long-press on the QR code for Registration and Details

PARENT CAFÉ SUPPORT GROUP



HOSTED BY:
LORA GIANINO, MA LLPC